

OPEN ACADEMY

2020

Lean, 1 hour
masterclasses

£30 + VAT
per person.

MAR 8

Breathe Better, Stress Less

MAR 15

Building Mental Resilience through
Positivity

MAR 22

Self-care - Building Mental
Resilience

MAR 29

Boosting Stress Resistance

MAY 06

Applying Positive Psychology

MAY 13

Connected to Self and
Others

MAY 20

Your Power Within

MAY 27

Engaging Your Human Intelligence
of Curiosity

JUN 03

Unlocking your Creative Intelligence

JUN 07

Life-long Learning

Book now!

*As we enter a period of
unimaginable change
most of our lives are
going to be turned upside
down in one way or
another.*

*At the Yurt Academy we
want to be a force for
good to help you use your
human intelligence to not
just get through this
period, but to thrive.*

Delivered Online via Zoom



Curiosity feeds creative
thinking and stimulates
collaboration ...



Creativity necessitates
connections and fuels curiosity...



Connectedness leads to
collaboration, furthering
both curiosity and creativity.

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