

Lean, LIVE, Online!

<b>2020</b>	<b>At 5pm GMT +1</b>
<b>APR 8</b>	<u>Breathe Better, Stress Less</u>
<b>APR 15</b>	<u>Building Mental Resilience through Positivity</u>
<b>APR 22</b>	<u>Self-care - Building Mental Resilience</u>
<b>APR 29</b>	<u>Boosting Stress Resistance</u>
<b>MAY 06</b>	<u>Applying Positive Psychology</u>
<b>MAY 13</b>	<u>Connected to Self and Others</u>
<b>MAY 20</b>	<u>Your Power Within</u>
<b>MAY 27</b>	<u>Engaging Your Human Intelligence of Curiosity</u>
<b>JUN 03</b>	<u>Unlocking your Creative Intelligence</u>
<b>JUN 10</b>	<u>Life-long Learning</u>

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our website

**£12+ VAT  
per person.**

*As we enter a period of  
unimaginable change most  
of our lives are going to be  
turned upside down in one  
way or another.*

*At the Yurt Academy  
we want to be a force  
for good to help you  
use your human  
intelligence to not just  
get through this  
period, but to thrive*

**Delivered Online via Zoom**



Curiosity feeds creative  
thinking and stimulates  
collaboration ...



Creativity necessitates  
connections and fuels curiosity...



Connectedness leads to  
collaboration, furthering  
both curiosity and creativity.

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